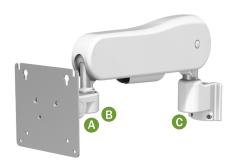
# VHM-25™Arm

# **Ergonomic Adjustment**





#### **Tilt Tension**

Using a 5/32" hex wrench, tighten (+) or loosen (-) the tilt tension adjustment screw until desired tilt tension is achieved.

Adjustment range is approximately ½ turn total.

Do not remove the screw or over-torque the adjustment.



## **Swivel Tension**

Remove the swivel cap by inserting the end of the 1/8" hex wrench into the swivel cap and rotating outward or by pulling straight down on the cap.

Tighten (+) or loosen (-) the swivel tension nut with a 1/2" / 13 mm socket wrench until desired tension is achieved.

Do not remove the swivel tension nut.

Total adjustment is approximately ½ turn.

Snap swivel cap back into place.



## **Rear Pivot Tension**

Tighten (+) or loosen (-) the pivot tension nut with a 3/4" / 19 mm socket wrench until desired tension is achieved.

Do not remove the pivot tension nut.

