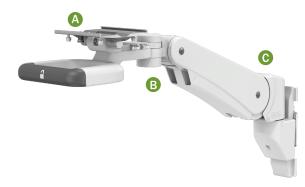
VHM-P™ and VHM-PL™ Arms **Ergonomic Adjustment**





Tilt Tension

REMOVE DEVICE TO PERFORM ADJUSTMENT

Using a 5/32" hex wrench, tighten (+) or loosen (-) both tilt tension adjustment screws until desired tilt tension is achieved.

Adjustment range is approximately $\frac{1}{2}$ turn total. Do not remove the adjustment screws.

Replace device and check tilt tension after adjustment is made and repeat as necessary.



Front-end Swivel Tension

Tighten (+) or loosen (-) the swivel tension nut with a 1/2" / 13 mm socket wrench until desired tension is achieved.

Total adjustment is approximately ½ to ½ turn.

Do not remove the swivel tension nut.



Rear Pivot Tension

Tighten (+) or loosen (-) the pivot tension nut with a 3/4" / 19 mm socket wrench until desired tension is achieved.

Do not remove the pivot tension nut.

