

Ergonomic Adjustment



A Arm Rotation Resistance

Remove plastic caps to access the nut and bolt.

Using two 1/2" (13mm) wrenches, turn nut clockwise to increase resistance or counterclockwise to decrease resistance.



B L-Bracket Rotation Resistance

Using a 1/2" (13mm) wrench, turn nut clockwise to increase resistance or counterclockwise to decrease resistance.

Do not remove the nut.



C Keyboard Folding Resistance

Remove plastic caps to reveal nut and bolt head.

Using two 1/2" (13mm) wrenches, turn bolt clockwise to increase resistance or counterclockwise to decrease resistance.



D Monitor Sliding Resistance

Remove plastic cap.

Tighten or loosen sliding tension bolt until desired ease of movement is achieved.

Use twist knob to lock the monitor in place.



E Monitor Tilt Resistance

Locate bolt on side of monitor mount.

Tighten or loosen tilt tension bolt using a 1/2" (13mm) wrench until desired tension is achieved.

Note: Tilt option not available on L-Brackets



See reverse side for important
ergonomic adjustments.